

welcome!

RICHARDSON
BAY
Audubon
CENTER
& SANCTUARY

Audubon Summer

ADVENTURES

Dear Audubon Family:

Thank you for registering your youth in **Audubon Youth Leaders Training**. Please take your time and carefully read through **all** the following information. If you have questions or concerns regarding any of the enclosed information, please contact us at camps@audubon.org.

Richardson Bay Audubon Center & Sanctuary's (RBACS) mission is to conserve and restore natural ecosystems by inspiring and educating our community, with a focus on youth, and by emphasizing conservation initiatives related to our sanctuary on

Richardson Bay.

Our sanctuary is located on Richardson Bay and is comprised of 11 acres of uplands and 900 acres of bay. We are part of a nation-wide network of National Audubon Society nature centers. The public is welcome to come explore our site for free Monday through Friday between 9am and 5pm.

Audubon's programs have your children exploring, observing, asking questions, and simply enjoying the wonderful wildlife found in our sanctuary and their own back yards.

Keep in Mind:

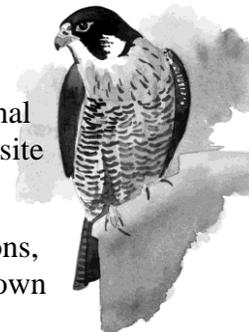
- We get messy here! Wear appropriate **clothes & shoes**. Layers are encouraged.
- **No flip flops**. ALL shoes or sandals **MUST** have a **back strap**.
- **Backpacks, reusable water bottles, and hats** are great for every day at camp.
- We are a **Peanut-Free** camp to help keep all our campers as safe as possible.
- Apply **sunscreen** everyday before camp
- Remember **RBACS is a sanctuary**. No collecting (includes rocks, shells, feathers) or picking on site.
- **Code of Conduct** – campers, Staff, Youth, and families are expected to behave respectfully with each other and our Sanctuary and its inhabitants at all times.
- **Leave electronics at home**. Cell phones are to be used for emergencies only while volunteering.

A written parent note is required for youth leaving on their own (on foot, by bike, or driving). Youth sign themselves in and out of training and volunteering.

Richardson Bay Audubon Center & Sanctuary

376 Greenwood Beach Road, Tiburon, CA 94920 • Tel. (415) 388-2524

<http://richardsonbay.audubon.org>



Audubon Summer Adventures Code of Conduct

- We expect campers, youth leaders, AND our staff to behave respectfully while here at Audubon Summer Adventure camp.
- To maintain a physically and emotionally safe environment for all, we will not tolerate hitting, fighting, foul language, or running away from camper groups.
- We believe in treating children with dignity and respect.
- Teacher Naturalists will guide children by positively setting clear, consistent, fair expectations for behavior. They will reinforce positive behaviors and attempt to redirect inappropriate behavior to more acceptable activities.
- Children that are excessively disruptive to the group or that place the group in an unsafe situation will be brought to the Engagement and Operations Manager's office and will return to their group once they are able to behave in a safe and respectable manner.

When volunteering, youth leaders are expected to arrive at the Center at 8:30am and will stay until 3:30

Make lunch waste-free!

One crucial way to help conserve and restore natural ecosystems is by reducing the trash we make and the packaging we buy. Audubon programs help kids make connections between their actions and their environment. You can help us by providing waste-free lunches everyday so we can significantly reduce the waste we put into our landfills. For example, please use containers to store food, instead of plastic bags; include water bottles instead of juice boxes; and add in a cloth napkin instead of a paper one. Label all items with your child's name so they go home each day with your child. Thank you!

Here are some yummy, easy ideas:

Bulk snacks, like crackers, pretzels, or trail mix
Reusable water bottles! ☺
Fruit, like sliced apples, grapes, oranges, etc.
Precut blocks of cheese
Bulk yogurt put in reusable containers
Main courses in reusable containers
Reusable utensils
Reusable cloth napkins

Please avoid

Juice boxes
Capris sun
Individually wrapped snacks
Single servings of yogurt/cheese
Lunchables
Baggies
Throw-away utensils
Paper napkins

For more ideas or information check out:

www.whatscooking.info/catalog.php

www.kidsconserve.com

www.fabline.com



Safety and Health

Our main goal is to keep campers safe and happy. However, since this is an outdoor program, there is a chance of coming into contact with certain dangers, including - but not limited to - bees, wasps, mosquitoes, ticks, and poison oak. Check for ticks each day. If your child has a severe allergy to any of the above, inform our camp staff and their supervising Teacher Naturalist.

Audubon Youth Leaders are expected to take responsibility for reapplying sunscreen as appropriate during the day. If you have specific sunscreen you would like applied please bring sunscreen with your child's name on it.

In order to help keep all of our campers and staff healthy this summer, please keep all campers that have or have had a fever within the last 24 hours at home. Campers must be fever free

To think about...

Is my child ready for the responsibility of being a youth leader?

Is my child able to commit to the **MINIMUM** 2 weeks of volunteering this summer **AND** all mandatory training dates?

How do we act when we visit a wildlife sanctuary?

Directions: 101 N or S take 131/E. Blithedale/Tiburon Blvd Exit. Head East (toward Tiburon). In 0.8 miles turn right on Greenwood Cove Dr. This becomes Greenwood Beach Rd after the Cove Apartments. Look for Yellow Victorian Lyford House on Right and Richardson Bay Audubon Center Sign. Buses may turn around in the Church parking lot (just past the Center, the first driveway on the left).